Diabetes in Pregnancy - Donald R. Coustan, MD
Describe maternal and fetal risks associated with diabetes; Review effects of oral agents used for glycemic control; Counsel patients about reducing risk for maternal and perinatal complications; Identify and treat gestational diabetes; Discuss antepartum fetal testing in patients with well-controlled gestational diabetes.

FP 62 - 30

Mental and Behavioral Health - Jonathan Shedler, PhD
List criteria from the Diagnostic and Statistical Manual of Mental Disorders (Fifth Edition) for diagnosis of common psychiatric disorders; Recognize that presumed benefits of antidepressant medications may represent placebo, rather than true biologic, effects; Distinguish among psychiatric disorders with overlapping presenting symptoms; Recommend psychotherapy appropriate to a patient’s specific diagnosis; Appropriately implement treatment or make referrals for management of depressive disorders, anxiety disorders, posttraumatic stress disorder, obsessive-compulsive disorder, and bipolar disorders.

FP 62 - 31

Critical Review of Cardiovascular Disease - Deepak L. Bhatt, MD, MPH
Distinguish systolic HF from diastolic HF; Select appropriate medications for HF, based on clinical findings; Recognize differences between restrictive cardiomyopathy and constrictive pericarditis; Prescribe appropriate therapy for hypertrophic obstructive cardiomyopathy and pericarditis; Describe findings associated with cardiac tamponade.

FP 62 - 32

Notes on Nephropathy - Michael Heung, MD and Frank C. Brosius, MD
Diagnose acute kidney injury according to the most recently published criteria; Apply new guidelines for the prevention and management of acute kidney injury; Recognize the contributions of genetics and epigenetics to the development of obesity; Identify mechanisms by which obesity influences renal physiology and function; Explain the role of fatty kidney in the development of chronic kidney disease.

FP 62 - 33

Topics in Women's Health - Dena E. O’Leary, MD and Rachel M. Franklin, MD
Counsel patients about treatment options for pelvic organ prolapse; Select treatment for stress incontinence, overactive bladder, and urge incontinence; Discuss risks associated with mesh product removal; Review findings of the Women’s Health Initiative and Heart and Estrogen/Progestin Replacement Study; Identify patients who may benefit from HRT.

FP 62 - 34
Infectious Disease in Primary Care - Kenneth M. Zangwill, MD and Steven Huy-Han, MD
Recognize challenges to vaccine coverage, including vaccination hesitancy and concerns about safety; Define the role of the health care provider in promoting patients’ adherence to recommended vaccine schedules; Administer vaccinations per published guidelines; Screen for hepatitis C and determine the extent of liver fibrosis in infected patients; Use the most effective regimens available for treatment of hepatitis C.

Osteoporosis/ Hepatitis B - Roland Sakiyama, MD and Steven-Huy Han, MD
List risk factors for osteoporosis; Counsel patients about prevention of osteoporosis; Select appropriate therapy for osteoporosis; Identify patients who should be screened and treated for hepatitis B; Choose newer medications for hepatitis B to lower risk for resistance.

Domestic Abuse/ Fever - Colleen T. Fogarty, MD, MSc and George C. Mejicano, MD, MS
Effectively communicate with patients who are at risk for or presently experiencing intimate partner violence (IPV); Recognize common physical, emotional, and behavioral sequelae of IPV or child abuse; Use screening tools to identify victims of IPV; Direct patients to information about legal rights and community resources for victims of IPV; Determine infectious and noninfectious causes of fever using various laboratory tests.

Notes on Men's Health - Hyung L. Kim, MD, Howard H. Kim, MD, and Joel J. Heidelaugh, MD
Discuss prostate cancer screening with patients; Recognize risk factors for erectile dysfunction (ED); Select appropriate treatment of ED; Work up patients for diagnosis of hypogonadism; Identify patients who are likely to benefit from testosterone replacement therapy.

Opioids/ Multiple Sclerosis - Brian A. Erickson, MD and David Pleasure, MD
Choose among opioid agents available for the treatment of chronic pain and management of opioid addiction; Manage negative side effects and development of tolerance to opioids; Monitor aberrant behaviors in patients taking opioids; Distinguish multiple sclerosis (MS) from Devic disease; Select medical treatment for MS on the basis of medication side effects, preexisting conditions, and the type of disease at presentation.

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