**Psychology Review**

**Price:**
- Full - $580 / Short - $485

**Register:**
- (866) 611-5599 or www.AmericanSeminar.com
- *Special Association accreditation may vary. See website.*

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**Elements of Ethical Decision Making, Part 2:**

*Ethical Biases and Case Studies - Sean C. Pumphrey, MSW*

Describe the effects of emotional states (e.g., impulsivity, anxiety) on ethical behavior; Discuss bounded ethics and the effects of time and space on morality; Distinguish among confirmation, selection, and outcome biases; Explain the roles of self-control and ego depletion in unethical behavior; Provide examples of double distancing and blind-spot bias in unethical decision making.

QUALIFIES FOR ETHICS
PG 06 - 11

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**Eating Disorders/Coherent Breathing - Guido Frank, MD and Patricia Gerbarg, MD**

Identify brain regions and neurotransmitter receptors relevant to eating disorders; Recognize the effects of eating disorders on the volume of gray matter and the fiber connectivity of white matter in the brain; Assess data on the use of neurocomputational models and genetic analyses in research on eating disorders; Explain the role of the vagus nerve in voluntarily regulated breathing practices; Employ coherent breathing in the treatment of chronic disorders such as generalized anxiety, schizophrenia, and inflammatory bowel disease.

PG 06 - 12

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**Update on Borderline Personality Disorder - George E. Vaillant, MD, Paul H. Soloff, MD and Michael Crawford, PhD**

Describe immature and adaptive defenses commonly used in borderline personality disorder; Discuss the significance of the “metabolism” of love in coping with borderline personality disorder; Review findings from the Psychobiology of Suicidal Behavior in Borderline Personality Disorder study; Explain the challenges encountered when classifying personality disorders based on personality disorder type or trait domain; Recognize the predictive validity of core features of personality disorder, such as interpersonal dysfunction and disturbance in sense of self.

PG 06 - 13

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**Family-Based Therapy for Eating Disorders: A Pediatrician's Perspective - Rebecka Peebles, MD**

Contrast the presentation of eating disorders in children with that in adults; Identify eating disorders in children based on criteria in the Diagnostic and Statistical Manual of Mental Disorders (Fifth Edition); Explain to parents the importance of early intervention for eating disorders; Counsel parents about refeeding and the importance of reaching daily calorie goals; Discuss basic principles of family-based treatment for eating disorders.

PG 06 - 14

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**Psychology and Religion - Richard Sinacola, PhD**

Provide an operational definition of religion; Distinguish intrinsic religious faith from extrinsic religious faith; Characterize religious trauma syndrome and perpetrators of spiritual abuse; Counsel couples who practice different faiths; Navigate dual relationships that can form between psychologists, professors, students, clergy, and parishioners.

PG 06 - 15

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**A Transtheoretical Model of Behavior Change - James O. Prochaska, PhD**

Describe stages of change, e.g., precontemplation, contemplation, preparation, action, and maintenance; Recognize patients at risk for premature dropout from psychotherapy; Discuss stage-matched strategies to reduce patient dropout and relapse; Address patients’ feelings of “social coercion” and increase feelings of self-control; Review the efficacy of computer-tailed interventions for fostering behavior change. QUALIFIES FOR SUBSTANCE ABUSE

PG 06 - 16

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Adult Personality/Psychodynamic Issues During Pregnancy - Mardi Horowitz, MD and Margaret G. Spinelli

Implement techniques to improve patients’ emotional control as well as unconscious learning during treatment; Compare the effects of therapists’ actions on outcomes in patients with higher levels of personality functioning to those with lower levels of functioning; Discuss the significance of past trauma in denial of pregnancy and neonaticide; Explain the relationship between maternal identification and attachment; Describe manifestations of postpartum depression and postpartum obsessive-compulsive disorder.

PG 06 - 17

Issues in Child and Adolescent Psychology - Robert D. Wells, PhD and Maya P. Strange, MD

Recognize the sources of stress that affect children and adolescents; Identify children at increased risk for poor outcomes based on their Adverse Childhood Events score; Individualize coping strategies for anxious children and adolescents; Screen adolescents for substance use using tools such as the CRAFT version 2.0 screening test; Implement brief counseling interventions and therapy for adolescents with substance use disorder.

PG 06 - 18

Dementia Update - James Leverenz, MD

Recognize the early signs and symptoms of dementia; Interpret findings of analyses of cerebrospinal fluid in patients with dementia; Recognize indications for genetic testing of patients with dementia; Differentiate among different types of dementia on the basis of brain imaging findings; Distinguish between Parkinson dementia and Lewy body disease on the basis of the patient’s clinical course. QUALIFIES FOR GERIATRICS

PG 06 - 19

A Family-Based Approach to Eating Disorders: Case Studies - Tammy Colley-Ogden, CTRS

Describe the Maudsley method of family-based therapy; Guide patients and family members through the phases of the Maudsley method; Explain Treasure’s animal metaphors that refer to caregiving and parenting styles; Counsel parents about meal preparation and refeeding a malnourished child; Apply the Maudsley method to patients with restrictive eating due to ulcerative colitis or avoidant/restrictive food intake disorder.

PG 06 - 20