

Sports Medicine Review

Price: Full - \$580 / Short - \$485
Register: (866) 611-5599 or www.AmericanSeminar.com
**Special Association accreditation may vary. See website.*

Posttraumatic Headache and the Athlete - Tad D. Seifert, MD

Recognize symptoms of concussion; Identify athletes with head injury who should not return to play; Counsel athletes with concussion about returning to play based on the Zurich consensus protocol; Discuss the significance of serum S100B levels in individuals with concussion and migraine; Explain the associations between migraine, posttraumatic headache, and prolonged recovery from concussion.

FP 64 - 32

Sports Injuries - Todd S. Shatynski, MD and Miho J. Tanaka, MD

Identify external and internal risk factors commonly associated with overuse injuries in runners; Instruct patients about strategies to prevent running injuries; Discuss the risk factors underlying the greater propensity for female athletes to sustain noncontact anterior cruciate ligament (ACL) injuries; Recommend a neuromuscular training program to prevent ACL injuries in female athletes; Follow appropriate guidelines for managing pregnancy in the athletic patient.

IM 64 - 01

Sports Medicine: The Preparticipation Physical Evaluation - Aaron Lee, DO and Christine E. Lawless, MD

Recognize the value of the PPE; Identify the most important components of the PPE; Appraise cardiac remodeling and electrocardiographic changes in athletes; Evaluate strategies to reduce the incidence of sudden cardiac death in athletes; Interpret the results of electrocardiographic examinations in athletes.

FP 65 - 09

From the 33rd Annual Shoulder Course - Thay O. Lee, PhD, Asheesh Bedi, MD and Dr. Bedi

Optimize repair of injuries to the rotator cuff through the application of biomechanical concepts; Explain biologic processes required for proper healing of tendons; Appropriately select biologic factors to optimize repair of tendon injuries; Assess the effectiveness of platelet-rich plasma for promoting healing of different musculoskeletal injuries; Consider the use of platelet-rich plasma for the treatment of osteoarthritis.

OR 39 - 23

Sports Medicine - Cora Collette Breuner, MD and Gerry Keenan, MMS

Gather a thorough history of medications that includes the use of complementary health products; Guide patients in understanding the evidence on efficacy and adverse effects of commonly used supplements; Provide information about the regulation of dietary supplements to patients and their families and recommend resources for research about supplements; Recognize physical and performance characteristics of athletes with cognitive and developmental disabilities; Use an office-based approach that emphasizes whole body care of athletes with special needs.

QUALIFIES FOR SPORTS MEDICINE

PD 63 - 04