

DI22 Diabetes Update

Price: \$580.00

Register: (866) 611-5599 or www.AmericanSeminar.com

**Special Association accreditation may vary. See website.*

Obesity and Behavior: Food Addiction / Plateaus, Weight Regain, and Obesity as a Chronic Disease - Shenelle A. Edwards-Hampton, PhD and Jamy D. Ard, MD

Help patients identify problematic foods that increase the risk of engaging in unhealthy eating behaviors; Adapt weight-loss interventions to patients' evolving needs to prevent regaining weight; Identify causes of nonresponse to weightloss therapies; Devise strategies to help patients overcome weight-loss plateaus.

DI 10 - 19

Diabetes and the Elderly / Hypertension / Computerized Glucose Monitors in Primary Care - Jennifer B. Marks, MD, Leonor Corsino, MD and Eugene E. Wright, Jr, MD

Balance glycemic control against the risk for adverse effects in aging patients with diabetes; Individualize targets for blood pressure control in patients with diabetes; Identify patients who may benefit from continuous glucose monitoring; Use ambulatory glucose profiles to optimize glycemic targets and treatment regimens.

DI 10 - 21

The Biology and Scope of Obesity - Sriram Machineni, MD and James O. Hill, PhD

Educate patients about the roles of various factors that affect weight regulation; Use combination therapies to increase rates of response in patients with obesity; Recommend lifestyle interventions to improve metabolic function; Help patients align their lifestyles with their goals and values to achieve long-term weight loss.

DI 10 - 23

Type 2 Diabetes Mellitus/The Difficult Patient - Mitchell E. Geffner, MD and Cora Collette Breuner, MD

Differentiate between type 1 and type 2 diabetes mellitus; Compare risks of type 2 diabetes mellitus in childhood to those in adulthood; Choose among the treatment options for youth with type 2 diabetes mellitus; Characterize 4 types of difficult patients; Implement effective strategies for dealing with difficult patients and families.

PD 66 - 12

Highlights from the Cleveland Clinic's 24th Annual Diabetes Day - Kevin M. Pantalone, DO, Leann Olansky, MD and Melissa Li-Ng, MD

Educate patients with diabetes about the potential effects of the ketogenic diet on glycemic control; Set appropriate targets for blood pressure control in patients with diabetes; Prescribe sodium-glucose cotransporter 2 inhibitors for reduction of cardiovascular risk in patients with diabetes; Help patients identify and manage adverse effects associated with sodium-glucose cotransporter 2 inhibitors.

DI 10 - 20

Understanding and Treating Insulin Resistance / Minimizing Cardiovascular Risk in People with Diabetes - Lauren A. Willard, DO and Susanne Burns, PharmD

Identify patients who are developing insulin resistance; Recommend lifestyle interventions and therapies that may reduce insulin resistance; Select therapies that reduce the risk for cardiovascular events in patients with diabetes; Use a multidisciplinary approach to optimize care of patients with diabetes.

DI 10 - 22

The Essentials of the Treatment Team/ Population Health and Value-based Care - Jessica M. Odom, PharmD and Peter M. Schoch, MD

Explain the benefits of diabetes education to patients; Identify patients who can benefit from referrals to diabetes educators; Apply the principles of total quality management to patient care; Recognize and address determinants of health that shape patients' experience and access to care.

DI 10 - 24

Diabetes Update - Basem Mishriky, MD

Summarize the key findings of the DiRECT trial; Compare the recommendations for management of diabetes issued by the American Diabetes Association and the American Association of Clinical Endocrinologists; Recognize the risks and benefits of common classes of drugs used to manage type 2 diabetes; Manage a patient with type 2 diabetes who does not achieve adequate control with first-line therapy; Counsel a patient who requests a continuous

IM 67 - 29

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Group B Streptococcus /Treatment of Diabetes and Body Weight - Joshua Steinberg, MD and Samantha K. Pabich, MD

Identify patients who require intrapartum antibiotics for the prevention of invasive GBS disease; Select appropriate antibiotics for patients with penicillin allergy; Stratify risk for GBS disease in neonates based on clinical signs and risk factors; Counsel diabetic patients about medications associated with weight loss or weight gain; Compare different types of insulin and their effects on body weight.

FP 68 - 33

Diabetes /Gallbladder Disease - Allison M. Petznick, DO and Robert C. Langan, MD

Distinguish type 1 diabetes from type 2 diabetes based on clinical findings; Identify signs of ketosis-prone type 2 diabetes and maturityonset diabetes of the young; Counsel patients with diabetes about continuous glucose monitoring devices; Work up patients with symptomatic and asymptomatic gallstones; Select effective treatment of patients with complications of gallstone disease.

FP 68 - 38