
OB70 OB/GYN Update

Price: \$580.00

Register: (866) 611-5599 or www.AmericanSeminar.com

**Special Association accreditation may vary. See website.*

Topics in Urogynecology - Michelle Y. Morrill, MD and Alexander Gomelsky, MD

Identify patients with asymptomatic bacteriuria who should not undergo antibiotic therapy before other options have been considered; Provide patients with effective options for prevention and treatment of urinary tract infection; Optimize the use of urodynamic studies in women with stress urinary incontinence; Enhance surgical consultation and planning for women with stress urinary incontinence; Select women with stress urinary incontinence most likely to benefit from procedures using surgical mesh.

OB 68 - 07

Update on Osteoporosis - Kaitlyn Barrett, DO and Jennifer Kelly, DO

Define the clinical indications for osteoporosis treatment; Improve the osteoporosis treatment algorithm used in practice; Improve their choices for pharmacologic therapies for both high-risk and very high-risk osteoporosis patients; Implement recommendations developed by the National Osteoporosis Foundation for screening of bone density; Optimize the use of DXA and other tests for diagnosis of osteoporosis.

OB 68 - 09

Prenatal Management of Twin Pregnancy - Stephen T. Chasen, MD

Implement ultrasonography examination to assess gestational age, amnionity, and chronicity in twin pregnancy; Identify fetal and maternal risks and complications associated with twin pregnancy; Screen for genetic and structural fetal abnormalities; Manage pregnancy complications commonly observed in twin pregnancy, such as sudden infant demise and preterm delivery; Recommend the ideal timing of delivery for twin pregnancies on the basis of chronicity.

OB 68 - 11

COVID-19 in Pregnancy/Hormone-replacement Therapy - Stephanie Gaw, MD and Marcelle L. Cedars, MD

Evaluate new articles and research papers on COVID-19 in pregnancy; Optimize management of COVID-19 on pregnancy; Assess the risks and benefits of HRT in pre-, peri- and postmenopausal women; Develop informed individualized treatment plans for women considering HRT; Identify circumstances in which HRT can be used as a preventative measure.

OB 68 - 08

Management of Polycystic Ovary Syndrome in the Adolescent Patient - Rebecca S. Usadi, MD

Characterize current diagnostic criteria for PCOS in adolescents; Diagnose metabolic syndrome in a patient with PCOS; Utilize the most appropriate therapeutic and pharmacologic treatment strategies in adolescents with PCOS; Anticipate adverse effects with the use of oral/hormonal contraception; Recognize risk factors for hyperplasia and endometrial cancer in patients with PCOS.

OB 68 - 10

Cesarean Delivery/Health Challenges - Sara Whetstone, MD and A. Kerianne Crockett, MD

List diagnostic criteria for cesarian scar pregnancy (CSP); Choose appropriate treatment of CSP; Differentiate among intervention types for management of isthmocoele; Optimize screening in patients with cervical squamous cell carcinoma using the 2019 American Society of Colposcopy and Cervical Pathology guidelines; Recommend appropriate treatment of abnormal uterine bleeding based on diagnosed causes.

OB 68 - 12

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**Neonatal Care - Juan A. Dumois III, MD and
Mara E. DiBartolomeo, MD**

Prevent pregnancy and neonatal complications through appropriate immunization against influenza infection; Protect infants from pertussis infection through appropriate immunization practices; Select appropriate candidates for palivizumab injections; Assemble a multidisciplinary team for antenatal counseling; Explain the roles of subspecialists to parents expecting a baby with complications necessitating admission to the neonatal intensive care unit.

OB 68 - 13

**Cardiac Health in Office Gynecology - Robert B.
Baron, MD and Chrisandra L. Shufelt, MD**

Implement best practices for obtaining accurate measurements of blood pressure; Review guidelines and studies on the management of hypertension and hyperlipidemia; Use shared decision-making to select appropriate medications for treatment of hypertension and hyperlipidemia in patients with cardiovascular risk; Identify barriers to cardiac rehabilitation to improve participation via patient education and home-based rehabilitation programs; Advise patients with cardiovascular disease on the benefits of exercise.

OB 68 - 15

**Preterm Birth/Onset of Labor at Home - Stephen
T. Chasen, MD and Rebecca Amirault, CNM**

Summarize the causes of spontaneous preterm labor; Optimize screening of all pregnancies to reduce risk for preterm births; Dispel common treatment myths associated with preterm births; Implement an approach to encourage spontaneous labor at term and improve patients' experience of the birthing process; Recommend dietary measures to encourage spontaneous labor.

OB 68 - 14

**Breast Cancer Screening/Heart Failure - Karla
Kerlikowske, MD and Michelle M. Kittleson, MD**

Implement updated guidelines for breast cancer screening; Identify factors that indicate high risk for breast cancer; Decide when to discontinue breast cancer screening and whether supplemental imaging is indicated; Distinguish heart failure with preserved ejection fraction from other elements of the differential diagnosis, such as cardiac amyloidosis; Manage symptoms associated with heart failure with preserved ejection fraction.

OB 68 - 16