



DR. Vanessa Benavent, DDS, MSD, FAGD

Dr. Vanessa Benavent is a Diplomate of the American Board of Orofacial Pain and a Fellow in the American Academy of Orofacial Pain. She is also a Fellow in the Academy of General Dentistry.

She graduated from the University of Maryland School of Dentistry in 2009, pursued a General Practice Residency at the Veterans Affairs Medical Center in Baltimore, and then completed a two-year Master's program in Orofacial Pain at the University of Medicine and Dentistry of New Jersey (now Rutgers School of Dental Medicine) in 2012.

She is a Clinical Assistant Professor at the University of Maryland School of Dentistry (UMSOD), served as Clinical Director of the UMSOD Brotman Orofacial Pain Clinic, and has a private practice limited to orofacial pain, TMJ disorders, and dental sleep medicine. Dr. Benavent is on the Board of Directors of the American Board of Orofacial Pain, is a member of the Council of the American Academy of Orofacial Pain, and is President-Elect of the Maryland State Dental Association.

Orofacial Pain & Temporomandibular Disorder

Instructor: Dr. Vanessa Benavent, DDS, MSD, FAGD
Full Course: 16CEs CBDE/10CEs ADA/AGD (EXPIRES 4/22/2020)
Format: Audio or Video
Delivery: Download or Disks Via Mail
Course Price: \$580
Register: (866) 611-5599 or www.AmericanSeminar.com

Course Description

Dentists are very skilled at diagnosing odontogenic pain in their everyday practice, but sometimes a patient comes along that does not fit the mold. Their pain does not sound like a typical toothache, and vitality testing is at best equivocal...now what? Understanding the characteristics of non-odontogenic pain that arise from different systems in the head and neck can provide an illuminating framework for recognizing musculoskeletal, neuropathic, and neurovascular pain.

Dr. Vanessa Benavent explores the foundations of orofacial pain for the general practitioner. She explains how to ask these exceptional patients about their pain to elicit the most valuable information. Reviews the primary features of musculoskeletal pain. Elaborates on the key components of the TMD exam and cranial nerve screening. As well as the role of imaging in TMD and the evidence-based management of temporomandibular disorder pain. She also delves into the features of neuropathic and neurovascular pain as important clinical presentations to recognize in the course of general dental practice. Someday you will come across one of these patients, and it is valuable to recognize these clinical features early on to provide the most effective treatment possible for your patients.

COURSE TOPICS

PART A

OPTD1 -1: Introduction and Pain History

Broad pain science concepts are reviewed in this first segment. Then, when it comes to mystery pain, how you speak with your patients can be as important as the physical exam.

COURSE TOPICS cont'd on page 2



OPTD1 -2: TMJ & Musculoskeletal Pain

The gross anatomy of TM Joints is reviewed, along with anatomical mechanical variations. Patient cases frame a discussion of the various musculoskeletal diagnoses a dental practitioner is likely to encounter in practice.

OPTD1 -3: Physical Exam

This step-by-step review covers the components of the physical exam that yield diagnostic criteria for accurate diagnoses.

OPTD1 -4: Cranial Nerve Screening

This module covers a neuroanatomy review of the cranial nerves and a step-by-step review of how to test the nerves. This brief but high-yield screening helps rule out signs of more insidious sources of orofacial pain.

OPTD1 -5: Imaging for TMD

Diagnostic imaging can be a useful tool in diagnosis and management of orofacial pain and TMD. The indications and drawbacks for various modalities are discussed, including panoramic radiographs, MR imaging, and CBCT.

Part B

OPTD1 -6: Evidence-Based Treatment of TMD & OFP

This discussion runs the gamut of treatments and weighs evidence for the various modalities. Patient education always comes first, but then what should you recommend for your patients?

OPTD1 -7: Neurovascular Pain

A throbbing toothache that doesn't respond to dental treatment may be a hallmark of a very different type of pain. Learn the major red flags to watch for, and the key features of some common – and not-so-common – neurovascular pains.

OPTD1 -8: Neuropathic Pain

This module discusses the nuanced presentations of some very different sounding pains that are all neuropathic. Extraction sites or even implants still have “toothaches.” This discussion covers why.

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