

## SPM5B Sports Medicine Review

**Price:** \$485.00

**Register:** (866) 611-5599 or [www.AmericanSeminar.com](http://www.AmericanSeminar.com)

*\*Special Association accreditation may vary. See website.*

### **Hot Topics in Sports Medicine - William M. Hohl, MD and J. Lee Pace, MD,**

Recognize factors affecting the development of overuse injuries; Diagnose and treat common overuse injuries involving the upper and lower extremities and back; Educate patients about the risks associated with use of steroids; Distinguish energy drinks from sports drinks; Discourage excessive consumption of caffeine in children and adolescents.

QUALIFIES FOR SPORTS MEDICINE

PD 63 - 38

### **Highlights from the ABCs of Pediatric Orthopaedics, Sports Medicine, and Rehabilitation - Diego Pérez-Salazar Marina, MD, Kirk A. Campbell, MD and Pablo G. Castaneda, MD**

Summarize the anatomy of the glenohumeral joint; Cite literature supporting surgical management of glenohumeral dislocation; Cite literature supporting nonsurgical management of glenohumeral dislocation in skeletally immature patients; Use appropriate diagnostic tests to evaluate the presence and extent of femoroacetabular impingement; Select optimal surgical approaches to the repair of femoroacetabular impingement.

QUALIFIES FOR SPORTS MEDICINE

OR 41 - 03

### **Update on Sports Injuries in Children - Jack Ingari, MD and Natasha Trentacosta, MD**

Identify hand injuries in young athletes that require operative management; Evaluate upper-extremity injuries on the field or sideline; Recognize important differences between children and adults when treating orthopedic injuries; Optimize treatment for injuries to the anterior cruciate ligament; Select appropriate candidates for operative treatment of patellar instability.

QUALIFIES FOR SPORTS MEDICINE

OR 42 - 05

### **Management of Concussion - James C. Chesnutt, MD**

Explain the mechanism of injury in concussion; Recognize the signs and symptoms of concussion; Order appropriate imaging studies in patients with head injury; Identify patients who are more likely to have a prolonged or more complex recovery after concussion; Evaluate pediatric patients for return to participation in academics and sports.

QUALIFIES FOR SPORTS MEDICINE AND TRAUMA

PD 64 - 04

### **Management of Common Sports Injuries in Primary Care - Benjamin R. Saben, MD**

Explain the pathophysiology of common sprains of the shoulder; Use the mechanism of injury to help diagnose and manage patients with athletic injuries; Examine the shoulder of an injured athlete; Manage a tear of the medial collateral ligament; Diagnose pain in the knee in an injured athlete.

QUALIFIES FOR SPORTS MEDICINE

IM 65 - 48